



Delightful Tofu Cooking, Eng Tie Ang, Ambrosia Publications, 1996, 0962781010, 9780962781018, 160 pages. Tofu, the age-old nutritious secret of the Orient, is not only that soft white stuff you get in various dishes at Chinese restaurants, but also a many textured ingredient in countless recipes from throughout Asia. Delightful Tofu Cooking now incorporates tofu into 152 recipes from around the world..

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The fragrant vegetable simple vegetarian delicacies from the Chinese, Martin Stidham, Jun 2, 1986, Cooking, 224 pages. A ten-year resident of China shows how to combine American vegetables with exotic oriental specialties like tofu, bamboo shoots, bean curd sheets and "skins" to easily prepare

Delightful Chinese Cooking , Eng Tie Ang, 1999, Cooking, 160 pages. Chinese Cuisine, the finest and most extensive in the world, has dishes as varied as China itself - from delicate Cantonese delights to hot Szechwan spices, from cold Shanghai

Delightful Brazilian Cooking , Eng Tie Ang, 1993, Cooking, 176 pages. BRAZILIAN COOKING is a huge melting pot of Portuguese, indigenous Indian, African, Middle Eastern, and Italian cuisines resulting in a unique cultural blending of flavors

The Whole Soy Cookbook 175 Delicious, Nutritious, Easy-to-prepare Recipes Featuring Tofu, Tempeh, and Various Forms of Nature's Healthiest Bean, Patricia Greenberg, 1998, Cooking, 221 pages. Features recipes for appetizers, main dishes, and desserts using soy products.

The Book of Tofu: Food for Mankind, Volume 1 Food for Mankind, William Shurtleff, Akiko Aoyagi, 1975, Cooking (Soybeans), 334 pages. .

Delightful Vietnamese Cooking , Eng Tie Ang, 1996, Cooking, 160 pages. Vietnamese Cooking is one of the most wonderful in the Orient. Its exquisitely delicate and tasty dishes are very different from those of China, Thailand, and the other

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